# The Shaft

Newsletter of the Barony of al-Barran

First Quarter 2016

# Baronial Court

**Baron & Baroness**
**Sir Bardolf Gunwaldtson & THL Sabiha al-Zarqa al-Karak**
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**Champion of al-Barran**
Eorl Mordygan MacGregor

**Protector of the Baroness' Heart**
Lord Jean Felix Immanuel Sarazan

**Champion Archer**
Sir Ælric Kyrri

**Baronial Arts & Sciences Champion**
Lady Cassia bint Abdullah

**Bard of al-Barran**
Lady Gerlin von Tiesenhausen

**Lord of Outlandish**
Eorl Mordygan MacGregor

**Lady of May**
THL Adalyde bint Yunus al-Zarqa

**Master Swordsman**
Sir Pierre Gaston de Vallier

**Premier Blade**
Master Otto Schwarz Herz

**Outlandish Blade**
Don Gaston de Sepulveda

**Aculeus of al-Barran**
Master Govanen

**Flower of Chivalry**
Lord Gere Thorkelsson

**Rapier Flower of Chivalry**
Master Otto Schwarz Herz

**Household Chatelaine**
Sir Slaine inghean Ui Sheanain

**Arch de Scorpion**
Lord Mikhailo

**Captain of the Guard**
Lord Killian von Rammstein
**Guardsmen**
Sir Rowland de Grey of Lincolnshire
Master Siegfried Stern
Lord Fferyll ap Miecal
Lord Garic Guthraidh
Lord Rodrigo de Saragosa
Lord Gere Thorkelsson
Hardwin
Edmon

**Head Lady in Waiting**
Lady Gerlin von Tiesenhausen
**Ladies in Waiting**
Lady Eleanor de Conway
Lady Olivia
Lady Cassidy
Lady Petra y Rinaldi
Lorelei Lapis
Fey
Elena

Open Positions: Plenipotentiary, Camp Coordinator, Mistress of the Robes

# From the Baron & Baroness

Looking back on the past few months we were fortunate to attend many events, several in our own Barony. A Day of Arts & Sciences was filled with great displays of Art, wonderful performances, and delicious food. Thank you to all who were able to contribute, and all who attended. THL Sáerlaith and her team did an amazing job, a heartfelt thanks goes out to them, as well as THL A'isha for coordinating the competition. Congratulations to Lady Cassia bint Abdullah, our new Arts & Sciences Champion. Lady Cassia had a great display and was kind enough to share her performances with attendants during lunch. Toys for Tots the following day was a great success, with beautiful weather, a magnificent lunch, outstanding tournaments, and a huge collection of toys for our community. Thanks to Sir Rowland and his team for putting together such a grand day.

The Barony of Fontaine dans Sable hosted the Fall Coronation for the Outlands. We were pleased to attend and to see many of our populace in attendance as well. Not only were we able to welcome Their Majesties Bela and Anna to the Stag Throne, but we were also privileged to witness the elevation of Master Siegfried and Mistress Dairine.

Caer Galen hosted a lovely Midwinter the 2nd weekend of December and their hospitality was tremendous and heartwarming. The event was fun for everyone, and we thank Their Excellencies Anne and Matilda for welcoming al-Barran to their barony.

al-Barran Midwinter was a spectacular success this year and our many thanks go to Lady Ursula and her team, and to His Excellency Morris and the cooks. We would also like to extend our deepest gratitude to the populace members from the Barony of Caer Galen, who stepped in at the last minute to help in the kitchen after a few of our own fell ill. Along with many members of our Barony recognized at Midwinter, THL Melodia was offered admittance into the Right Noble Order of the Pelican. We cannot express how thrilled we are for Her Ladyship, and how pleasing it is to live in a Barony full of her good works. Sir Rowland hosted a most splendid War Practice for al-Barran this year as well. Thank you to Rowland for his continued hard work, and for helping to coordinate the fighters in the Southern Outlands.

We ended our feast season by attending two more lovely events along with many of you, Citadel and Fontaine 12th Nights. We look forward, as always, to traveling to see our neighbors and friends soon.

With February upon us we begin our final preparations for Estrella War in Atenveldt. Many of our warriors have trained diligently for months, attending war practices in various parts of the Kingdom, and dedicating each Sunday to the army of al-Barran. It is those individuals who will ensure our success, and spread the word fame of our Barony. February 1st was the deadline for petitions for Guidos, Cordons, and Black Mantles, and we will present these on Saturday at Estrella in Guido Court. We hope that all of you will join us, and stay for Green Chile Stew after Court. This year the Baronial War Wagon will head to Estrella war free of charge for many of our populace members. We will be opening up a registration for the War Wagon this year, so remember to pre-register to have your items on the Wagon. Please find time to volunteer while at the event, the War Wagon this year is funded by monies raised at last year's Estrella from volunteer hours! Also remember that all are welcome to camp with the Barony at Estrella and we would love to have our encampment filled with friends and family. If you would like to camp with us, contact Sir Tancred with your information.

We have many great events to plan for in the near future such as Crown Tournament in Citadel, Kingdom A&S in St. Golias, and the ABQ Ren Faire! We hope to see many of you at these events, and many more in the summer.

Wishing you the best of winters and wars,

*Bardolf and Sabiha*

# Baronial Officers

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## Disclaimer & Copyright Information

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The 2nd Quarter issue of the Shaft will be published May 1st, 2016. Submissions are due April 15th, 2016. chronicler@al-barran.outlands.org

The Chronicler's office is currently open. Interested members may email Mistress Ymanya Murray for information or to apply for the office.

# Officer Missives

## From the Seneschal: Mistress Ymanya Murray

Warmest greetings to all!

Things have been wonderful in the Barony since last I wrote. We have had amazing events, seen many deserving members of our group honored, and had some wonderful officers move on leaving their work in capable, new hands.

We started off the last quarter with Day of A&S. Deepest thanks to THL Sáerlaith inghean Robeaird and her team for a wonderful day, full of classes and competition and a wonderful lunch by Baron Morris Ó Fiaich. THL A'isha al-Naysaburiya organized the competition, wherein Lady Cassia bint Abdullah became our newest Champion. Thanks also to all the entrants, teachers and students who showed us all the arts of al-Barran and beyond. The next day we turned to Toys for Tots and pulled together amazingly, and I expected no less, for those in need. Sir Rowland de Grey of Lincolnshire organized a lovely day of tourneys and made the lunch we enjoyed. We raised 289 toys over the weekend (including the toys the archers raised the weekend previous). The Always Epic Bake Sale raised a bit over $461. The Sandia Mountain Lodge #72 and Masonic Charities Foundation of NM contributed $983. In all, the Marines were presented with over $1580, in addition to the toys collected. We finished

out the year with another great Midwinter, stewarded by Lady Ursula di Taube. Baron Morris again provided a much lauded repast. There was a gambling hall to raise monies for the Travel Fund, and Master Béla Bagatur put on a most entertaining spear tourney. I would like to thank all of these folks for their work, as well as everyone who helped at these events setting up and tearing down, transporting things to and from events, working gate or feast, or any of the other hundred things that make our events happen so smoothly and so beautifully.

al-Barran was blessed at these many events, seeing many of our number recognized for martial activities, for arts and knowledge, and for great service, by both the Stag Crown and by Their Excellencies. In Fontaine at Their Royal Majesties' Coronation, it was an honor to witness two of our number elevated. Master Siegfried Stern was admitted to the Order of Defense and Mistress Dáirine inghean Ghriogair was admitted to the Right Noble Order of the Pelican. At Midwinter, Their Royal Majesties offered THL Melodia Shaw admittance into the Order of the Pelican. She will be giving her answer at Kingdom A&S in April, and she will be sitting vigil on April 8 here in al-Barran so that all may share their words with her. At Fontaine 12th Night, Their Royal Majesties called forth Sir Ælric Kyrri and charged him to go forth and consider admittance into the Ancient and Honorable Order of the Laurel. He will give answer at Estrella. Please be on the lookout for more information regarding these most deserved accolades and seek these two amazing folks out and share your thoughts with them.

There have been quite a few changes in our officer core over the past few months. THL Alexander of Lancaster stepped down as our Webminister at Midwinter after several years of wonderful and dedicated service. THL Marc Antoine de la Rue stepped up then, and having worked with him on the Kingdom level for several years, I am tickled to have him on board with the Barony. THL A'isha capped off her years in the Arts and Sciences office by running the A&S Competition at Day of A&S in November. At the January Populace meeting, I had the pleasure of welcoming THL Cerydwen de Gyrlyngton as her successor. We also announced that Sir Tancred d'Avignon has taken over the Hospitaller's office from Lady Simha fille David. My deepest thanks to both of them for all of their work and dedication to our newcomers and our recruiting and demo activities. Lady Teresa MacDuffie stepped down as our Chronicler in October, with the final Shaft of 2015 as her last project in the office. I am currently seeking folks interested in the Chronicler's office, so please get in touch with me if you'd like information about this wonderful office. Until that time, my office and a group of guest editors will be working on the newsletter, so all submissions may be sent to me for publication. THL Elise porteresse de yaue has announced that

she will be stepping down as Baronial Scribe, and we anticipate this changeover happening before Estrella. Letters are being accepted until February 8.

Now we look forward to War, and beyond that our Ren Faire, Outlandish and further. We are still looking for volunteers and staff for all of these events, so please reach out if you'd like to be among these amazing event teams.

For all of these things and for everything else that this Barony does, enduring as a jewel of the Outlands, I am in awe of the way al-Barran shines!

## From the Reeve: Sir Gottfried von Zollern

The barony is doing well. We have $22,800 on the books, with $142 in the baronial travel fund. This puts us around 4% above where we were last year, due in part to the Renaissance Faire stipend and in great part to the diligent management of budgets by all our event stewards.

Midwinter was a success, and the financials from that are being finalized. As far as the travel fund activities, the gambling hall and pancake breakfast each brought in about $125.

The financial committee is working with Master Otto Schwarz Herz on the Outlandish budget. We have secured a site for Nock on Wood and replaced the Barony's coffee urns. We have also reached out to the Battlemoor group and will be donating our old baronial pavilion and the puzzle tent to them for their use.

## From the Quartermaster: Fey

Things have been moving in and out for our fall and winter events. The coffee tote and urn were checked out for an event and have not been returned to the Keep. Replacement urns have been purchased and are accounted for.

We will need to check into a new, larger box for the baronial pavilion. It doesn't fit properly in the current box, so a new plan is needed for its protection.

## From the Hospitaller: Sir Tancred d'Avignon

I am thrilled to announce that Sir Tancred d'Avignon has taken over from Lady Simha. I know the transition will be seamless, and I thank them both for their dedication to the office and to our newcomers.

Please keep an eye out for announcements, as I know there will be some changes coming, including newcomer meetings moving to Saturdays at Hospitality.

Ymanya Murray

## From the Minister of Arts & Sciences: THL Cerydwen de Gyrlyngton

Greetings to the populace of our wonderful barony! I would like to take this opportunity to introduce myself as your new Arts and Sciences Minister! I am very excited about starting classes at the park and library in the very near future so keep watch for upcoming things that will be listed here, the listserv and the FaceBook page. If you have something you would like to teach or learn, please contact me and let's plan!! outlandsdeputy@yahoo.com

## From the Minister of the Lists: Lady Johanna Morganstern

It was a sunny, mild, and breezy day the last weekend of September when summer was holding on by a last fingertip before fall swoops in, that saw the commencement of al-Barran Champions.

Saturday morning started with the heavy tourney to decide the next al-Barran Champion. The reigning champion, Master Béla Bagatur chose a round robin format with the great sword used exclusively, each bout a best 2 of 3. Marshaling was done by Sir Gregor von Münchhausen, Lord Xubus, and Lord Christopher de Gyrlyngton. Heralding was done by Sir Gregor, Sir Tancred d'Avignon, and Jarl Gunwaldt Gullbjørn. List administered by Lady Johanna Morganstern. Ten fighters entered what became a grueling tourney, with the unfortunate circumstance of two fighters falling out of the List early due to hand injuries. Because of this, the end result of the round robin produced a mathematical quirk. Although Sir Bohémond le Sinistre had one loss to Eorl Mordygan MacGregor's zero, they had the same number of wins. It was determined that these two would meet in a deciding round, in which Eorl Mordygan was the victor.

Later that afternoon, the Protector of the Baroness' Heart rapier tournament was fought. Lord Ragnarr Einarm, the reigning champion, organized the tournament and also served as marshal and herald. Other marshals were Master Siegfried Stern and Master Govanen. Lady Johanna ran the List. Seven fighters met on the field in a triple elimination, single fight format. Added challenges included using a less than 40-inch blade, cumulative injuries, using the off-hand after the first loss, and no off-hand after a second loss. Lord Felix Immanuel Sarazan emerged the winner followed closely by newcomer Riggon. A hearty welcome to him!

To finish off the day, the Cut and Thrust Aculeus tourney saw four fighters meet in a round robin best 2 of 3 format. Organizing the tourney were Master Govannen and Master Siegfried, with Master Siegfried both marshaling and heralding alongside Mistress Brigitta Olavsdatter

of Kiel. Ira Toresdottir volunteered to oversee the List. Master Govannen was undefeated as the winner.

Sunday, September 27, was a busy morning with simultaneous heavy and rapier tourneys. The Master Swordsman heavy tourney, organized by Lord Fedallah the Pirate, was double elimination, best 2 of 3, with the added challenge of switching hands after each fight in a bout and double kills being a loss for both combatants. Marshaling by Sir Gregor, Sir Gottfried von Zollern, and Phaidra. Heralding by Mistress Brigitta and List by Lady Johanna. The List held fifteen fighters with Sir Pierre Gaston de Vallier victorious.
The final fight was the rapier Premier Blade, with eight fighters signed up. Lord Ragnarr, the organizer of this event, decided on a double elimination, best 2 of 3. Master Siegfried oversaw the marshaling. Master Otto Schwarz Herz was having a fantastic morning as the undefeated winner, followed closely by Lord Rodrigo de Saragosa.

This autumn chose to bless us with some truly lovely weekends for outdoor fighting this year, particularly compared to the freezing temps of last year's Toys for Tots. The difference was often remarked on by this year's attendees, with a wisp of haunting in our eyes. The crisp cool air and the brilliant blue skies made for excellent attendance at the following two events in this report.

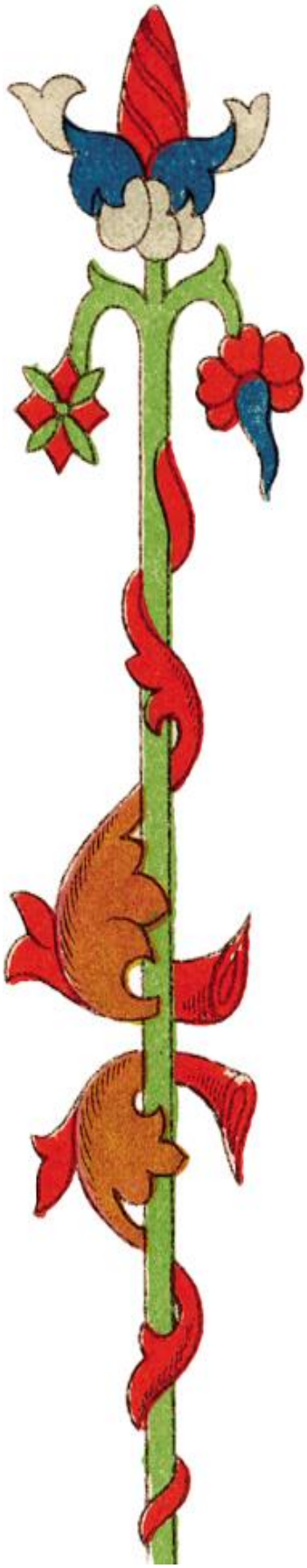
Starting with al-Barran, we had a fantastic Toys for Tots on November 8th. It was decided that the size of the heavy List was such that the heavy and rapier tournaments would be fought one after the other, rather than simultaneously. The heavy List had twenty-five combatants, fighting a double elimination, with the added twist that only the first two rounds would be bouts of best 2 of 3. Subsequent rounds would be single fights. The final three went round and round in brutal battle pushing the tourney to 10 rounds. Although Master Béla, Duke Walrick de Blakeney, and Duke Hrothgar Monomakh gave their all, it was Duke Hrothgar that emerged victorious. The previous Toys for Tots champion, Count Darius of Jaxartes, was the organizer for this tourney and fought the bye fights, of which there were many. Overseeing the two fields as marshals were Sir Gregor, Mistress Royse of the Sinte, Phaidra, and Jacquelyna de la Roche. Taking turns as heralds were Sir Rowland de Grey of Lincolnshire, Jarl Gunwaldt, and Mistress Brigitta. Lady Johanna attended the List.

For the rapier tourney, the Toys for Tots champion and organizer, Don Michael M'Quilline, chose a round robin and best 2 of 3 format for the seven combatants. To keep the fighting moving at a good clip, double kills were not refought and counted as a loss for both. After 7 rounds, Master Govanen and Lord Felix were tied. A final bout between them was fought and Lord Felix was the winner. Don Michael and Master Siegfried marshaled while Mistress Brigitta heralded. Mistress Catriona nic Aoidh got the List started.

At the request of the List Minister of the College of St. Golias, herein is the report for their Defender Tournament held on the 24th of October. Sir Baqu, previous Defender of St. Golias, held a tourney entered by ten combatants, double elimination, best 2 out of 3 format. All fighters were welcome whether seeking the Defender title or not. After five rounds, Eorl Mordygan and Lord Gere Thorkelsson fought a final round with one loss each. Though Eorl Mordygan won the final, he was not fighting for the title, so the winner and new Defender of St. Golias is Lord Gere. Sir Baqu marshaled and Lady Johanna ran the List and heralded.

The Captain of the Guard rapier tourney had a list of twelve fighters. The chosen format was double elimination, best 2 of 3 and the organizer, Lord Ragnarr, added the challenge of a 10 sided dice roll for weapons. The final three, with one loss each were Lord Istvan, Collin, and Lord Felix, who descended into the whirlpool of death until, in the 7th round, Lord Felix arose the victor. A number of St. Golias members, led by Christoph, took turns marshaling. The List was attended by Ira Toresdottir, and Rosemund Toresdottir running cards.

al-Barran's Midwinter event on December 19 provided a fun little spear tourney. Master Béla decided on a form he brought back from his travels. He measured out two squares that each spear wielding opponent must stay inside or suffer a loss. Eight combatants entered the list, and it was decided to use a speed format, two runs of 15 minutes each. The first run they formed 2 person teams with the win applied to both teammates even if one was knocked out. The second run was single combat. Master Béla's tourney pushed the fighters nearly to their breaking point and in the end all were both exhausted and exhilarated. Earl Tam Grimm was the victor with 33 wins, and Sir Gareth Lightborne was second with 23 wins. The remaining 6 were not far behind, evidence of a good match. Lady Johanna kept the List.



## From the Web Minister: THL Marc Antoine de la Rue

Hello al-Barran!!!

As your new Webminister, I want to thank Their Excellencies and Mistress Ymanya Murray for allowing me the opportunity to serve this amazing Barony.

I would also be remiss if I did not offer special thanks to Lord Alexander of Lancaster. His efficient and impeccable work as the previous Webminister will be a difficult act to follow. He deserves the thanks of the Barony for his service and dedication.

We will be tweaking the website over the next few months. If there is anything that you believe would improve the site, please let me know.

## From the Knight Marshal: Sir Gregor von Münchhausen

Numbers at fighter practices have been down some, possibly with the proximity to the holidays and war. We are continuing discussions regarding the use and safety of thrusting tips. We do, especially as we move towards war, need more marshals and authorizing marshals. Please get in touch with me if you are interested in that, and remember you do not have to be a fighter to marshal.

## From the Scorpion Pursuivant: THL Sáerlaith inghean Robeaird

The Pursuivant's office has been slow these winter months. Inclement weather means hibernation, and this herald has been affected by that. Combine that with travel to many feasts throughout the land, and I have not been in al-Barran often enough to hold any consultations.

With the feast season winding down, I am hoping to start holding regular consultations at the Hospitality Days hosted by Sir Tancred d'Avignon. As the weather begins to warm up, I will also attend fighter practice for consultation.

Anyone who would like to consult with me at any time, is more than welcome to contact me for a private consultation.

I look forward to working with anyone who needs a name and/or device submitted.

## From the Captain of Archers: THL Rowan

Though rain, snow and mud forced several cancellations last quarter, we did have some very productive practices.

October 17th, THL Dieterich Lowenstern (Druid) marshalled a practice attended by nine and Don Óengus ua Faeláin and I travelled to Blackwater Keep to assist with their Medieval Village and Faire at the Peanut Valley Festival at Roosevelt County Fairgrounds. On October 24th, seven were able to attend practice and on the 31st, we had a special Halloween practice attended by twelve. At the Halloween practice we collected twenty-six toys for Toys for Tots.

In November, we held three practices attended by up to eight each practice. Before the snows hit in December, we held one practice attended by eleven.

## From the Rapier Marshal: Master Otto Schwarz Herz

Greetings from the office of the Baronial Rapier Office and all things Cut & Thrust.

Winter is full upon us and that means our eyes are upon Estrella War. If you are planning on attending be sure and let the land coordinator for al-Barran (Sir Tancred d'Avignon) what size of tent you will be bringing. Also, don't forget that the war wagon is free this year and you can thank those who volunteered at last year's Estrella War. So, be sure and volunteer this year and keep those funds coming into the baronial treasury.

There are still several war practices that you can attend to help the war effort even if you are not planning on attending Estrella War this year. Lord Felix Immanuel Sarazan (Jean Felix) is the commander for the al-Barran rapier forces. He needs each and every one of us to participate at each war practice, both fighting and marshaling. This gives the fighters that are going plenty of practice with larger groups and keep all of our rapiers talents sharply honed. Also, don't wait till you get to war to see if your armor passes and pass your authorizations. Do it at practice now so you have time to make repairs or correct any deficiencies that may keep you from taking the field. See Master Jon Blackwell (Govanen) or Master Siegfried Stern for those authorizations.

## From the Scribe: THL Elise porteresse d'yaue

All of al-Barran is making ready to journey west to WAR! Our scribes are prepared for the busy tourney season and have been working to create Thank You scrolls for vendors that have helped us with our events over the years.

My thanks to Baroness Bianca de Vittoria and THL Ceridwen de Gyrlyngton for helping get the Midwinter invitations out in such a speedy fashion! I would also like to extend a huge thank you to Mistress Monica von Zell, Mistress Bennet Murray, and Baroness Bianca de Vittoria for helping with the large number of scroll assignments. It was a giant weight taken off my shoulders.

This office has offered me the wonderful opportunity to work with the amazing scribes and populace of al-Barran. Our time as officers rises and falls as the sun. The sun has set on my time as Baronial Scribe and it is time to call for letters from those who would follow me in this truly amazing office.

Letters of intent will be taken until February 8th. We would like to announce my successor before Estrella War. Once chosen, we can work together to ensure a smooth transition. Letters should include intent for the office, previous experience that will benefit you in the office, membership and contact information. Please copy letters to THL Elise porteresse d'yaue, Their Excellencies Bardolf and Sabiha, Mistress Ymanya Murray, and THL Avram Ibn Gabirol, Kingdom Scribe.

If you have any questions about the office, responsibilities, or other matters, please feel free to contact me.

Thank you all for making the time I've had in office truly wonderful.

Safe travels to war!

# Court Reports

## Day of Arts & Sciences

Unto the Barony of al-Barran do I, Sáerlaith inghean Robeaird send greetings. On the seventh day of November, Anno Societatis L, being 2015 in the common era, Court was held during al-Barran Day of Arts and Sciences. The day was rife with teaching & learning and many deserving individuals were recognized.

During morning Court, Eleanor de Conway was given a Scorpion of al-Barran. By favor of King Tam and Queen Kathryn, she also received her Award of Arms with this. Huzzah to Lady Eleanor!

In a show of love and kindness from the artisans of the Kingdom of the Outlands, Lord Alexander of Lancaster and The Honorable Lady Sáerlaith inghean Robeaird were presented with replacement scrolls for Baronial and Kingdom awards that were lost in their house fire.

During a roving Court, Lady Sabina le Rouze was awarded a Scorpion of al-Barran for her contributions to the art of dance in the form of Middle Eastern dance. It was fitting that this was given during the dance class she was teaching.

At evening Court the winners of the A&S competition were announced. Lady Cassia bint Abdulah is the new Arts and Sciences champion. She was presented newly made regalia for this esteemed position, a sash made by Baroness Diana of Lanberris. She also received a prize of a wooden inkle loom and thread with which to weave.

The winner in an individual category was Lord Edric Capillarius. Baroness' choice went to Lord Gilbert le Verrat.

Lady Asfridr Riksdottir and Lord Alexander of Lancaster were admitted into the order of the Russian Thistle and THL Sáerlaith inghean Robeaird was awarded a Heart of the Scorpion.

## Toys for Tots

On the eighth day of November, A.S. L, tournaments were held in the name of Toys for Tots. During opening court Sir Rowland de Gray of Lincolnshire was admitted into the Order of the Scorpion of al-Barran for all of his good works and contributions to the Barony. Lady Rhiannon O'Connemara was also admitted into the order of the Scorpion of al-Barran for her works in documenting & chronicling the happenings of events.

With King Tam's and Queen Kathryn's permission, a Kingdom Court was held and Lord Fedallah the Pirate was presented with a STAG'S BLOOD of the Outlands!

Master Raymond the Quiet presented gifts from Mistress Honnoria of Æthelmearc to Their Excellencies: handmade gifts for the prize table for the fighters entering the tournaments and a personal gift for Their Excellencies. The winners of the day's tourneys were Duke Hrothgar Monomakh and Lord Felix Immanuel Sarazan (affectionately known as Jean Felix).

Thus concludes the business conducted in the Courts of Sir Bardolf and THL Sabiha, Baron and Baroness of al-Barran upon these days.

In Service,
Sáerlaith inghean Robeaird
Scorpion Pursuivant

# Event Reports

## *Day of Arts & Sciences: Words from the Event Steward*

I would like to thank all of those who made al-Barran's Day of Arts and Sciences so successful. First I would like to thank Their Excellencies, Sir Bardolf and The Honorable Lady Sabiha for taking the time to be with us on this day and for dispensing so many well deserved awards.

My thanks to all of the artisans who entered the competition and The Honorable Lady A'isha al-Naysaburiya for running the competition despite being very much under the weather.

Thank you to ALL of the wonderful teachers who came out to share your knowledge with the populace. Nearly all of the classes I stopped in to visit appeared to be well attended. I also would like to thank everyone in the populace who came out to learn. Without you there would not be an event.

Thank you to my set up crew (there were so many I've already forgotten the names. I apologize). Thank you to my tear down/cleanup crew who were awesome. One individual did both set up and clean up – thank you, Hardwin! Special thanks to Mistress Elisée de Calais for taking care of the Baronial room for me.

Thank you to Mistress Ymanya Murray for unlocking the doors and locking things back up again and taking care of general accessibility throughout the day and thank you to The Honorable Lady Ceridwen de Gyrlyngton for securing our wonderful site at Sandia Prep and thank you to the school for allowing us to hold this event there again this year.

Thank you to Baron Morris Ó Fiaich for the deliciously wonderful lunch.

If there is anyone whom I have forgotten to thank for their assistance, it was not my intention to overlook you. I am forgetful and I apologize profusely.

Yours in Service to the Dream,
Sáerlaith inghean Robeaird

## *Toys for Tots: Words from the Event Steward*

I want to thank the Barony for the generosity shown during this holiday season! We had a wonderful turnout of twenty-five heavy fighters and seven rapier fighters. Congratulations to Duke Hrothgar Monomakh and Lord Felix Immanuel Sarazan, this year's Defenders of the Children!

We collected a wondrous amount to support the USMC's Toys for Tots program. We raised 289 toys over the weekend (including the toys the archers raised the weekend previous). The Always Epic Bake Sale raised $461 and change. The Sandia Mountain Lodge #72 and Masonic Charities Foundation of NM contributed $983 and change. In all, the Marines were presented with over $1580, in addition to the toys collected, as well as a tray of treats from the bake sale. I want to thank the al Barran Cooks Group, the men and women of Argent Lance, and everyone else who took the time to help us make this event great.

Until next time, Sir Rowland de Grey of Lincolnshire

## *Midwinter: Words from the Event Steward*

What a wonderful time we had at al-Barran's Midwinter & War Practice.

Thank you to everyone who attended!

Thanks to all those who volunteered before and during the event to make it such a success. Just to name some of those who helped (I apologize for the mix of SCA and mundane names & to those who I will misspell or misremember): I cannot find the words to thank Baron Morris Ó Fiaich and his staff for the most excellent feast! He and his crew spent many hours during the days and nights before the event and the day of it to bring us a most delicious feast.

Some of the folks I saw in the kitchen cooking and cleaning were Mikal, Lord Cucuchalain, Sparky, Lord Alister de Cartier, Lady Auria, THL Natal'ia Georgievicha, Ginnina, Omar, Izzan, Jonathan Wildman, Sir Lief Daleson, Lord Faolan MacEwan Taver, Lady Nerianda, Lord Finn Ua Briain, Lisa, THL Keridwen Andersdottir, Lady Gwyneth, Lord Petr Olaffson, Sir Einarr Skallagrímsson, and a cast of hundreds (okay at least a dozen or more). You folks are the hardest working behind the scenes heroes!

The setup crew, who got there early Saturday morning to get things ready: Sir Dennis the Wright, Sir Gregor von Münchhausen, THL Stjerne-Odd Sörensen, Lord Eiríkr, Lady Ia of Basels, Lord Marcus, Lady Asfridr Riksdottir, Lorelei Lapis, Hardwin, and the other folks from Argent Lance. You folks got things off to a great start.

Master Béla Bagatur for hosting the tourney and Lady Johanna Morganstern doing the list.

Lord Edric Capellarius, Mistress Tana à l'Esprit Fort, THL Emery de Fittun, Lord Tyron Greystar, Lady Erchambaut le Breton, and all who helped at gate.

THL Ceridwen de Gyrlyngton and Lady Johanna, for taking care of the Royal Rooms.

Mistress Ymanya Murray for hosting the gaming and Lady Ástríðr Oddsdóttir for selling the game tokens.

Mistress Catriona nic Aoidh for leading the court dancing. Jarl Gunwaldt Gullbjørn for leading us in song and music.

Mistress Monika von Zell and the cooks of al-Barran for the tempting desserts and Lady Cassia bint Abdullah and Matt for the amazing gingerbread subtlety.

The servers: Master Govanen, Master Siegfried Stern, Master Iric Iulian of Black Elk, Sir Einarr, THL Stjerne, THL Natal'ia, Lord Ábiörn Hallstenson, Lord Garic Guthraidh, Ginnina, Lady Ástríðr, Jonathan, and others who volunteered last minute.

The Brotherhood of the Bengals for sponsoring the bar.

The cleanup crew: Sir Dennis, Sir Baqu, Sir Einarr, Master Govanen, Master Siegfried, THL Natal'ia, Lord Eirikr, Lady Ia, Lord Ábiörn, Lady Johanna, Ginnina, Lord Garic, Lord Petr, Ben, the folks from Citadel, and the men and women of Argent Lance.

Lord Alexander of Lancaster for the beautiful website. Master Adam Stedefast for being the site liaison.

Sir Rowland de Grey of Lincolnshire for Stewarding War Practice on Sunday.

I sincerely apologize to those whose names I have left out – I do appreciate everyone who helped. Also, I apologize for any misspellings or incorrect titles.
Thank you everyone who helped make this a stress free event for me!

Lady Ursula die Taube, your event steward.

# MEDIEVAL

## FAIRE & FUNDRAISER FOR

## WAREHOUSE 21

**Hear ye, Hear ye Lords & Ladies All !**

***We invite All Ages to indulge in the rich History of Medieval Life through Fencing, Armored Combat, Costume, Games & Court Dancing, A Banner Making Workshop, Middle Eastern Dance Performance and Medieval Merchanting and a BAKE SALE!!***

**11AM-3PM SATURDAY, FEBRUARY 13, 2016**

**@WAREHOUSE 21**

**1614 PASEO DE PERALTA**

# Estrella War XXXII

February 23-29, 2016

Schnepf Farms

Queen Creek, AZ

# EstrellaWar.org

## Pre-Register Today!

***Mail-In Pre-Registration Closes February 10th***

# 4th Annual Albuquerque Renaissance Faire

***April 30, 2016***

Anderson-Abruzzo Albuquerque International Balloon Museum
9201 Balloon Museum Dr. N.E., Albuquerque, NM.
10 a.m. to 6 p.m.

The Barony of al-Barran is again partnering with the City of Albuquerque to bring the best of the Middle Ages to the public at the 4th Annual Albuquerque Renaissance Faire. Don't miss this fantastic event!

**VOLUNTEER REGISTRATION IS REQUIRED:** Do not forget to register to volunteer for this event. Like last year, there is an Event Brite registration set up and the link to that site issued on Facebook & in the group e-lists. Registration closes at 5 p.m. on April 29th. Only a registered SCA volunteer may enter without paying the entrance fee.

**SET UP, APRIL 29 & TEAR DOWN, MAY 1:** Set up of all other exterior activity areas will occur on Friday, April 29th, beginning at 9:00 a.m. The east gate will be opened for us to drive on site to offload. Access for site tear down of those exterior activity areas will be available on Sunday morning, May 1st, at 9:00 a.m. if all fields and structures are not cleared the evening the event closes.

**BONUS FOR VOLUNTEERING FOR SITE SET UP, APRIL 29:** Those assisting with set up on Friday, April 29th, are welcome to leave whatever they plan to use the following day (like armor, so you're not hauling it in the next morning). Those items can be secured in one of the SCA Village structures. The event grounds will have security on site both Friday and Saturday nights of the Faire weekend.

**THE DAY OF THE FAIRE:** Lunch will be provided to SCA volunteers through the generosity of the Baron & Baroness of al-Barran.

SCA volunteers are requested to be on site at 7 a.m. but no later than 9 a.m., based on their activity.

*PLEASE BRING YOUR HERALDRY, YOUR BANNERS, & BANNER POLES TO DISPLAY AT THE FAIRE!*

**LIVING HISTORY EXHIBITORS:** Living History exhibitors should plan to arrive by 7:00 a.m. to set up their exhibits in time for opening at 10:00 a.m. PLEASE remember to bring plenty of table covers for your exhibition tables, and plan on covering a 6-8 foot molded plastic table. Due to the food trucks that will be placed that morning, exhibitors will need to make arrangements to cart their exhibits from the front curb to the east side door of the museum. Living History organizer, THL Ceridwen de Gyrlyngton, will have a supply of young helpers to schlep your stuff. The amount of food truck traffic that morning prohibits exhibitors and merchants from driving on site.

**PARKING AND VOLUNTEER CHECK-IN:** Site layout of the event will mirror last year's site layout, and SCA volunteer access will also be through the same (north) gate as last year. To access the north gate, drive PAST the Museum, and park in the small parking area on the left, just north of the museum grounds. Should you find that lot full, follow the road up the hill for a short way and bear left. Overflow parking will be found there and involves a short walk to the north gate. The gate will have a pop up canopy to provide shade for the security guard. Let the guard know you are with the SCA to gain entrance, and then check in to get your wristband. Wristbands for SCA volunteers will be distributed upon check-in to the SCA Village, which is located in the small black and gold tent just inside the north gate. If you do not have an armband with "Barony of al-Barran" on your wrist, you will be required to pay the event entrance fee.

**SECURITY REMINDER:** Remain mindful that you are ultimately responsible for the safety and security of your personal effects at all times. The Faire will draw a lot of visitors who may not possess the positive virtues we promote.

***LET'S MAKE THE SCA SHINE!*** Volunteers are the lifeblood of this demonstration, we need lots of them! This event is a fabulous opportunity for all of us to show our support of the Kingdom, the Barony of al-Barran and our local community by donating time to the Faire. You'd be hard pressed to find more fun packed into 8 hours than this, doing what you love!

**IN CLOSING:** *Please plan to spend the day at the Faire*, as that helps both with the overall ambience of the Faire as well as the volunteer check in process in the morning. The flavor of the Faire is diminished if you're not there, and we would miss you terribly!

***See you at the Faire! Mistress Elisée de Calais***

Barony of al-Barran

Kingdom of the Outlands

May 25th-30th 2016

Hereby invites you

To join us in Glorious Revel and Tournaments

al-Barran Website

**Vendors please note: All documents must be submitted no later than MAY 1st 2016**

# XLIII Grand Outlandish

# Monthly Gatherings

**Citizens Meetings: 3rd Tuesday of every month at 7:00 pm**

**Site**: Manzano Mesa Multigenerational Center located at 501 Elizabeth St. SE, Albuquerque, NM. For information email seneschal@al-barran.outlands.org

**Hospitality Day: Saturdays**

Site: Please contact the Hospitaller Sir Tancred d'Avignon for times and location. Hospitality Days can include newcomer information, working on armor, sewing, heraldry, and classes depending on interest.

**Fighter Practice: Sundays from 11:00 am – 4:00 pm**

Site: Montgomery Park on Comanche near San Mateo. Contact Sir Gregor von Münchhausen or Master Otto Schwarz Herz for more information.

**Archery Practice: Saturdays from 10:00 am – 12:00 noon**

Site: The Summer Range. Directions: From Albuquerque: Take I-40 east to Exit 181 for Sedillo Hill. At the stop sign turn left onto Route 66 (now 333) and travel 1.6 miles. Take a right turn at Highway 217 and go to the top of the 1st hill, traveling 0.2 miles. Take a right turn onto Sedillo Road and go to the 3rd right turn, traveling 0.2 miles. Address is 475 Sedillo Road with a sign reading "Dalton Baker". Enter thru the gate (if the gate is closed then you will have to open and close it behind you) and travel down the driveway. The archery range will be set up on the left. Contact Lady Rowan for more information.

**Court Dancing:**

Site: Please contact Mistress Catriona nic Aoidh for more information. All skill levels are welcome – No experience necessary.

**Scribal Workshop: 2nd and 4th Wednesday of every month at 6:00 pm**

Site: Various places around the Barony. Please contact Mistress Ymanya for directions and additional information.

**Weaving Workshop**: 3rd Friday of every month

Site: Please contact THL Monika the Fair at 323-5569.

**Cooking Group:** Interested individuals can contact Mistress Cailte Caitchairn or Mistress Monika von Zell.

# 2016 Event Calendar & Baronial Progress

**Dates in red indicate Royal Progress. Events in green indicate Baronial Progress.**

## February

**6** *Tri Baronial A&S Competition: Caerthe*
**7** *Southern War Practice: St. Golias*
**23-29** *Estrella War: Atenveldt*

## March

**12** *Crown Tournament: Citadel of the Southern Pass*
**12-20** *Gulf Wars: Gleann Abhann*

## April

**1-3** *Known World Middle Eastern Drum & Dance Symposium*
**9** *Kingdom A&S: St Golias*
**29-1** *Known World Heralds & Scribes: Artemisia*
**30** *Baronial Investiture: Unser Hafen*
**30** *Albuquerque Renaissance Faire: al Barran*

## May

**14-15** *Coronation: Aarquelle*
**26-30** *Grand Outlandish XLII: al-Barran*
**27-30** *Siege at Inlandish: Caerthe*

## June

**3-5** *Champions: Dragonsspine*
**10-18** *Lilies War: Calontir*
**17-27** *SCA 50th Year Anniversary: Middle*
**23-26** *Northern Realms War: Plattefordham*
**30-4** *Keepers of the Dry Stone: Drygestan*

## July

**1-3** *Heroes & Legends: Unser Hafen*
**8-10** *Defender: Caer Galen*
**15-17** *Highlands Rapier Camp: Aarquelle*
**21-24** *Defender of the Silver Pass: Rio de las Animas*
**29-31** *Summer Tournament & Games: Draca Mor*
**30** *Nock on Wood: al-Barran*

# On the Web

Kingdom of the Outlands

Barony of al-Barran

College of Blaiddwyn

Society for Creative Anachronism

Kingdom of the Outlands Facebook Page

Barony of al-Barran Facebook Page

College of Blaiddwyn Facebook Page

Post to al-Barran Discussion List

Subscribe to al-Barran Discussion List

**Online Silent Auctions for Worthy Causes**

Silent Auction for the Travel Fund of Bela & Anna
*(Auction ends April 29, 2016)*

Silent Auction for Artisans Lane at Battlemoor
*(Auction ends May 8, 2016)*

# Articles

## A Brief Discussion of Medieval Mouthwashes – by Mistress Ymanya Murray

*Introduction*

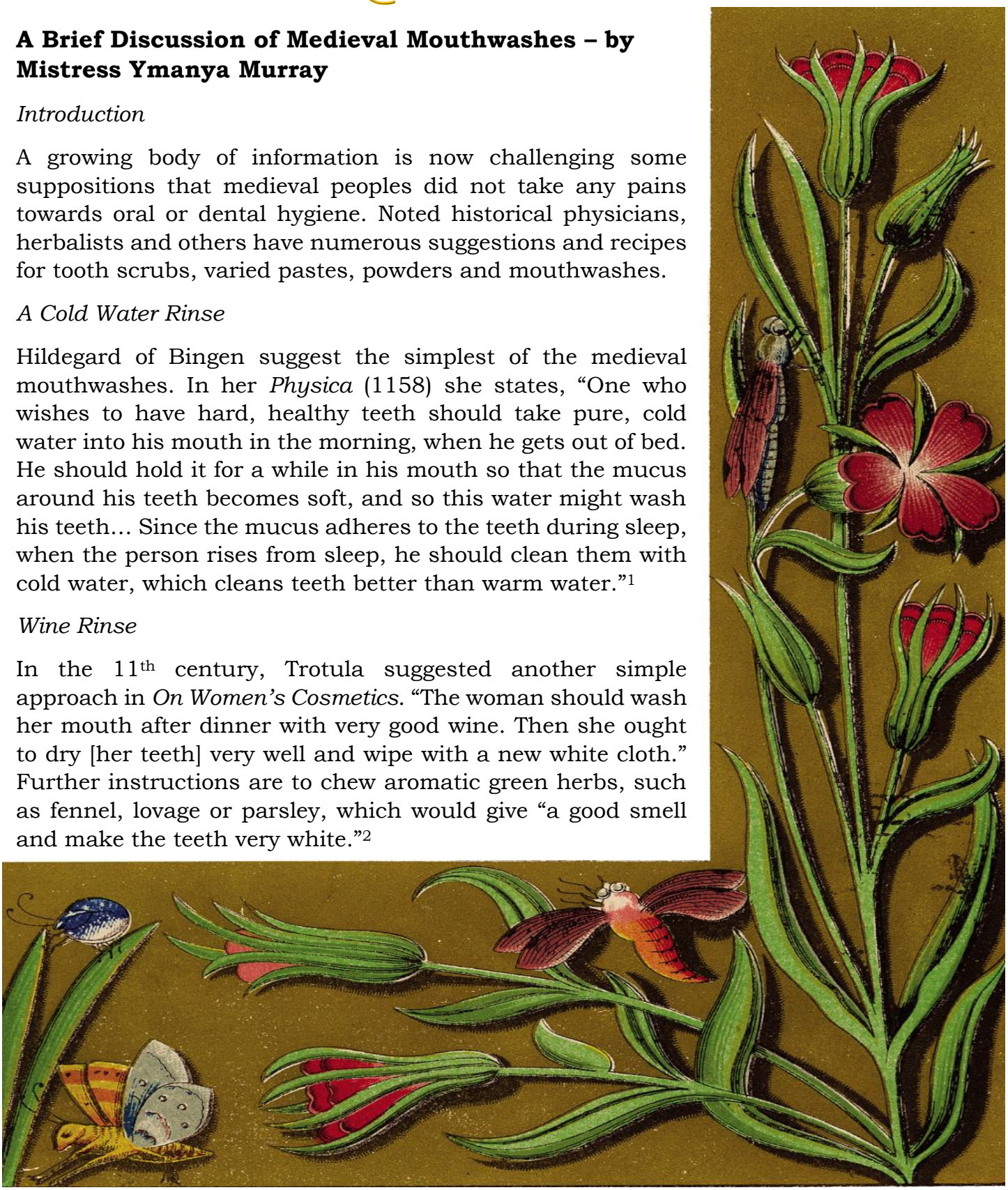
A growing body of information is now challenging some suppositions that medieval peoples did not take any pains towards oral or dental hygiene. Noted historical physicians, herbalists and others have numerous suggestions and recipes for tooth scrubs, varied pastes, powders and mouthwashes.

*A Cold Water Rinse*

Hildegard of Bingen suggest the simplest of the medieval mouthwashes. In her *Physica* (1158) she states, "One who wishes to have hard, healthy teeth should take pure, cold water into his mouth in the morning, when he gets out of bed. He should hold it for a while in his mouth so that the mucus around his teeth becomes soft, and so this water might wash his teeth… Since the mucus adheres to the teeth during sleep, when the person rises from sleep, he should clean them with cold water, which cleans teeth better than warm water."[1]

*Wine Rinse*

In the 11th century, Trotula suggested another simple approach in *On Women's Cosmetics*. "The woman should wash her mouth after dinner with very good wine. Then she ought to dry [her teeth] very well and wipe with a new white cloth." Further instructions are to chew aromatic green herbs, such as fennel, lovage or parsley, which would give "a good smell and make the teeth very white."[2]



*A Mint Mouthwash*

An herbal by an unknown author, commonly known as the Banckes' Herbal (1525), advises a mint mouthwash based in vinegar. "For the stinking of the mouth and filth of the gums and of the teeth, wash thy mouth and gums with vinegar that mints have been sodden in."[3]

Mints have been used throughout history. Culpeper mentions both peppermint and spearmint in his 1649 herbal and notes that "the decoction gargled in the mouth, cures the mouth and gums that are sore and amends an ill favoured breath."[4] Pliny describes the Greeks and Romans using peppermint as both a table decoration and flavoring for sauces and wines. There is also evidence that it was cultivated by the Egyptians and it appeared in Icelandic pharmacopoeias by the 13th century. Spearmint was originally a Mediterranean plant, but was introduced into Britain by the Romans. Pliny and Ovid both speak of it, and the Pharisees are said to have paid tithes in mint, cumin and anise.[5]

I have made versions of this with both peppermint and spearmint in a red wine vinegar base. I used 15 tablespoons of the dried mint in 18 ounces of red wine vinegar. I steeped them for two weeks in closed jars, then poured off and strained the mint infused vinegar.

References


1. Hildegard of Bingen. Hildegard von Bingen's Physica: the complete English translation of her classic work on Health and Healing. Translated from the Latin by Patricia Throop. Rochester: Healing Arts Press, 1998.
2. Trotula. The Trotula: a medieval compendium of woman's medicine. Translated and edited by Monica Green. Philadelphia: University of Pennsylvania Press, 2001.
3. An Herbal (1525). Also known as Banckes' Herbal. Author unknown. Facsimile edition, Larkey and Pyles. New York: Scholar's Facsimiles and Reprints, 1941.
4. Culpeper, Nicholas. Culpeper's Color Herbal (1649). Edited by David Potterton. New York: Sterling Publishing Company, 1983.
5. Botanical.com. "Mints." Available online at: http://www.botanical.com/botanical/ Accessed 25 March 2005.

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